INTO ME

A dive into your own sensations



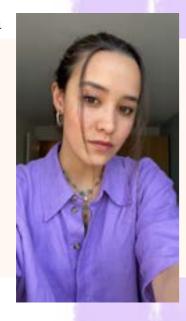




Contributors

Regina

Regina Banuelos is the director and photographer of the zine. r.bauelosdelacruz0420211@ arts.ac.uk

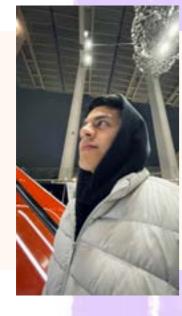


Lina

Lina Moundy-Holley is the stylist and one of the models of the zine.
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Emiliano

Emiliano Colin is one of the models of the zine.
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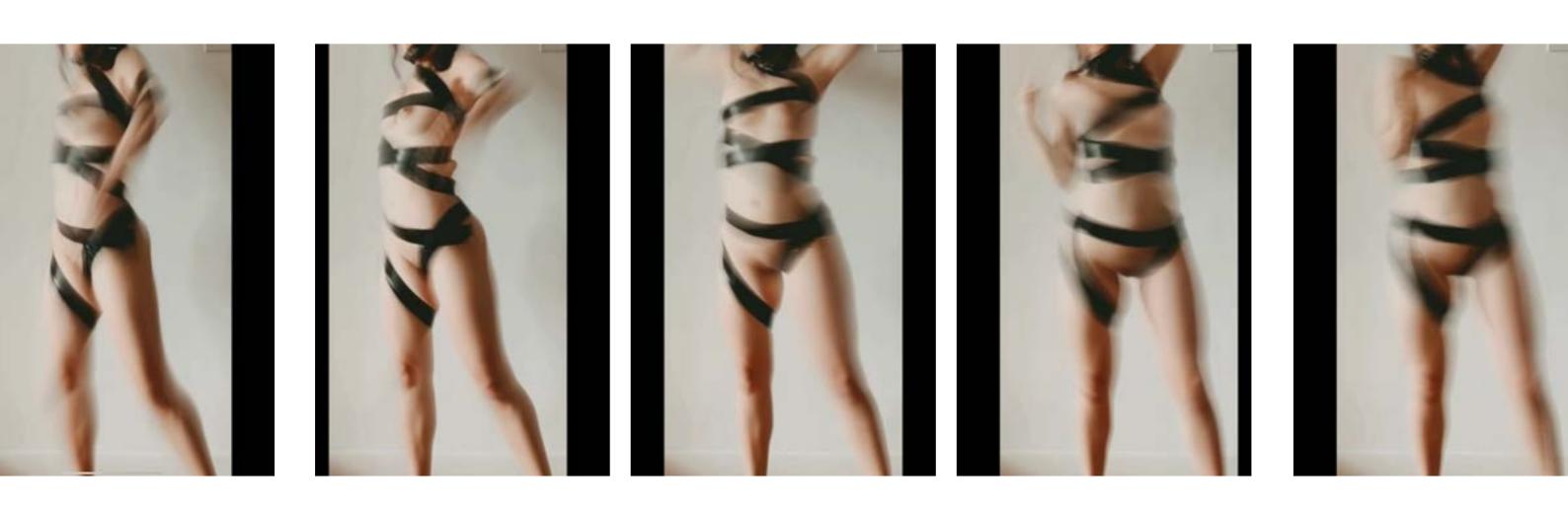


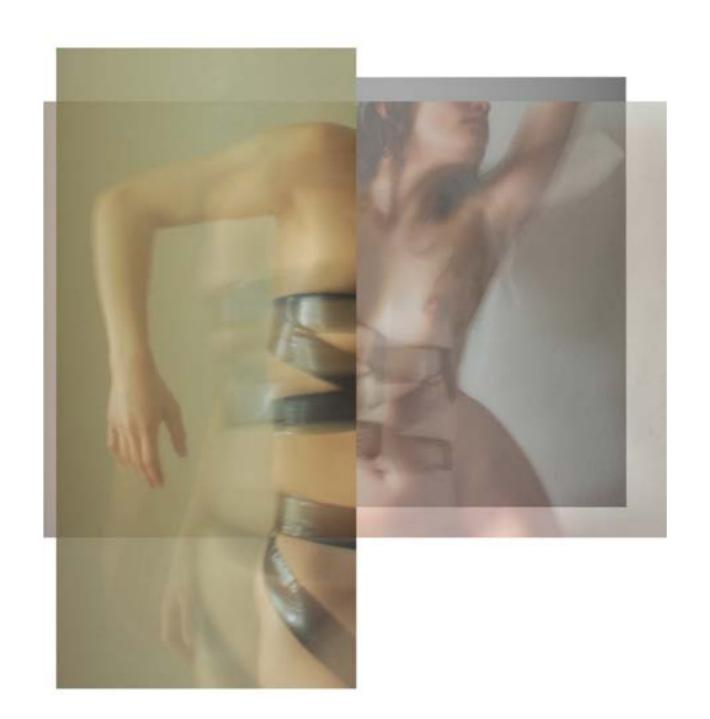
Ann contributed as a make up and hair artist for a shoot on the zine. c.chou0120201@arts.ac.uk

Editor's letter

I have always been amazed by the human body, because of its silhouette, textures, shadows and how these aspects vary depending on the person. I think that looking in the mirror without clothes is one of the best ways to get to know yourself and it's also a way to learn to accept and like yourself. To achieve this we must set aside judgment and simply observe. Analyze how the silhouette of our body changes as we move. It was from all of this that I was inspired to create the zine. Starting with a series ofs elf-portraits and ending with models. The theme of the zine is self awareness, which is introspection. Part of the inspiration was the feelings I had been having for the last few months; that's how I started to capture feelings in myself through self-portraits. I would like you to accompany me on my journey of understanding a bit more my emotions, which I am sure there will be a good number of people who will be able to empathize with. The purpose of this journal is to give a space to introspection. Maybe seeing the pictures will awake something in you. You'll find out. Meanwhile, let yourself be wrapped by the feelings that the zine provokes in you.

Regina Banuelos, Editor London, May 2022

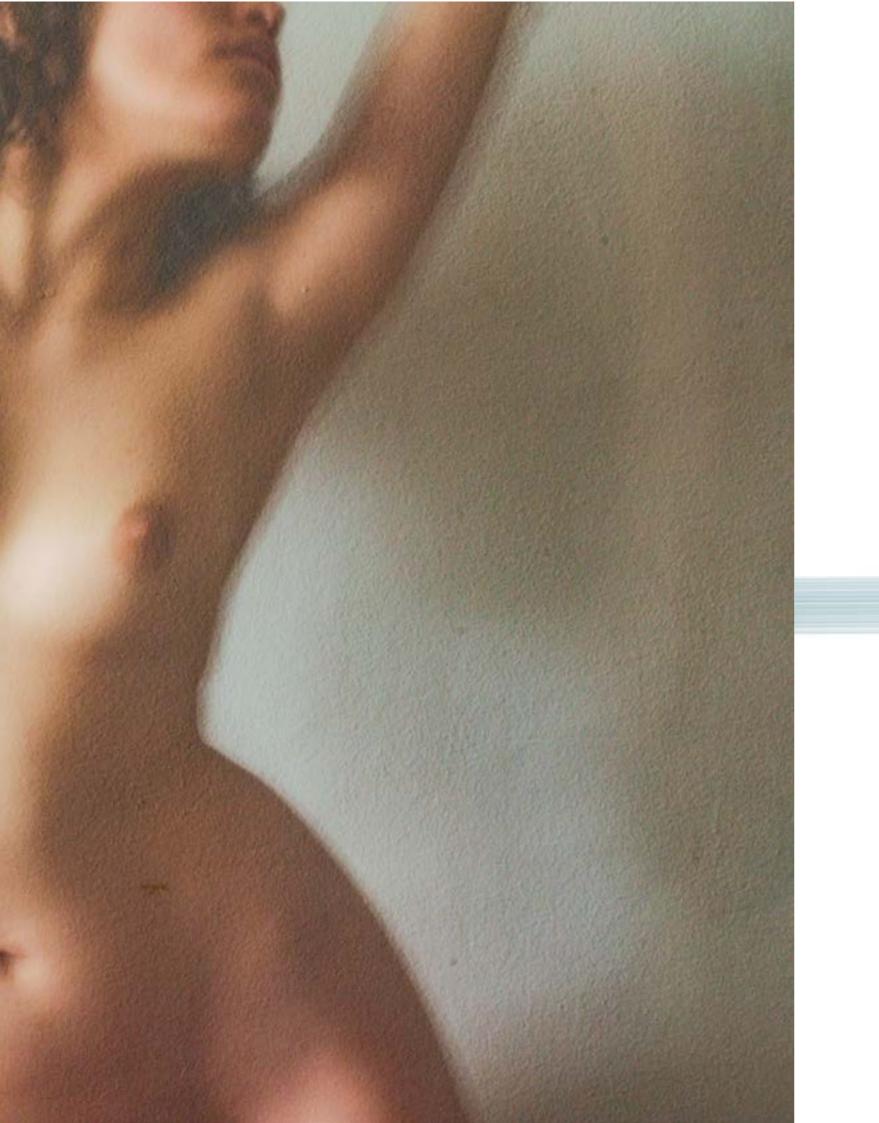














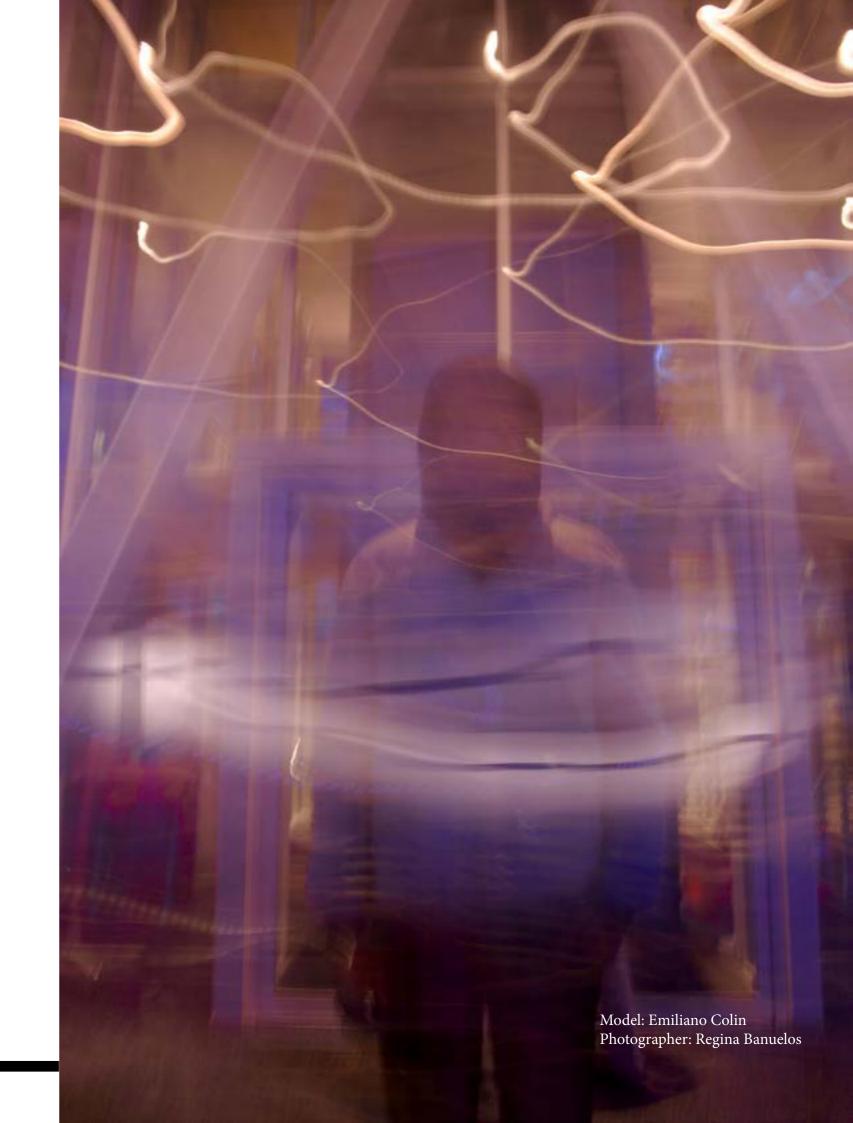


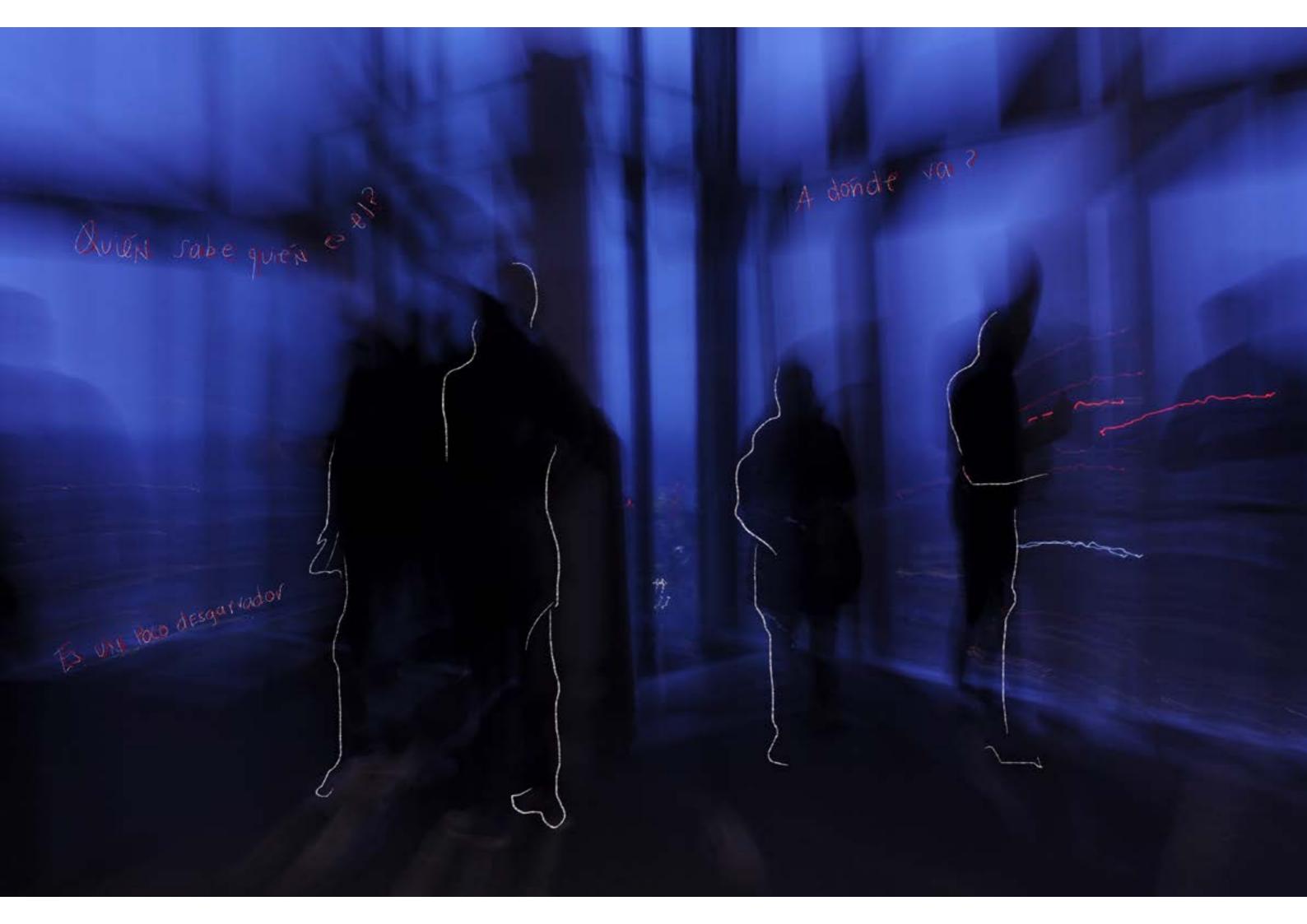


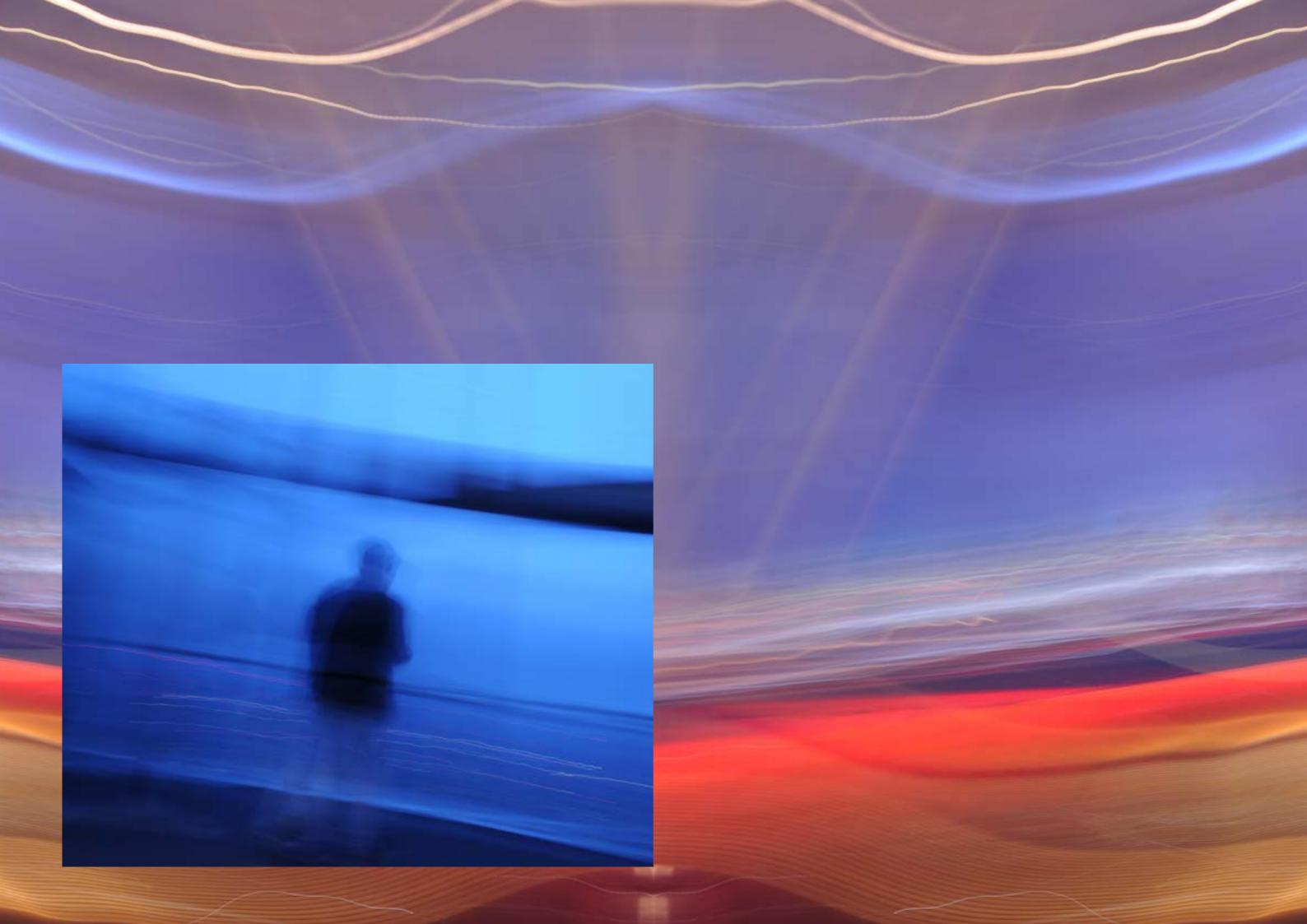




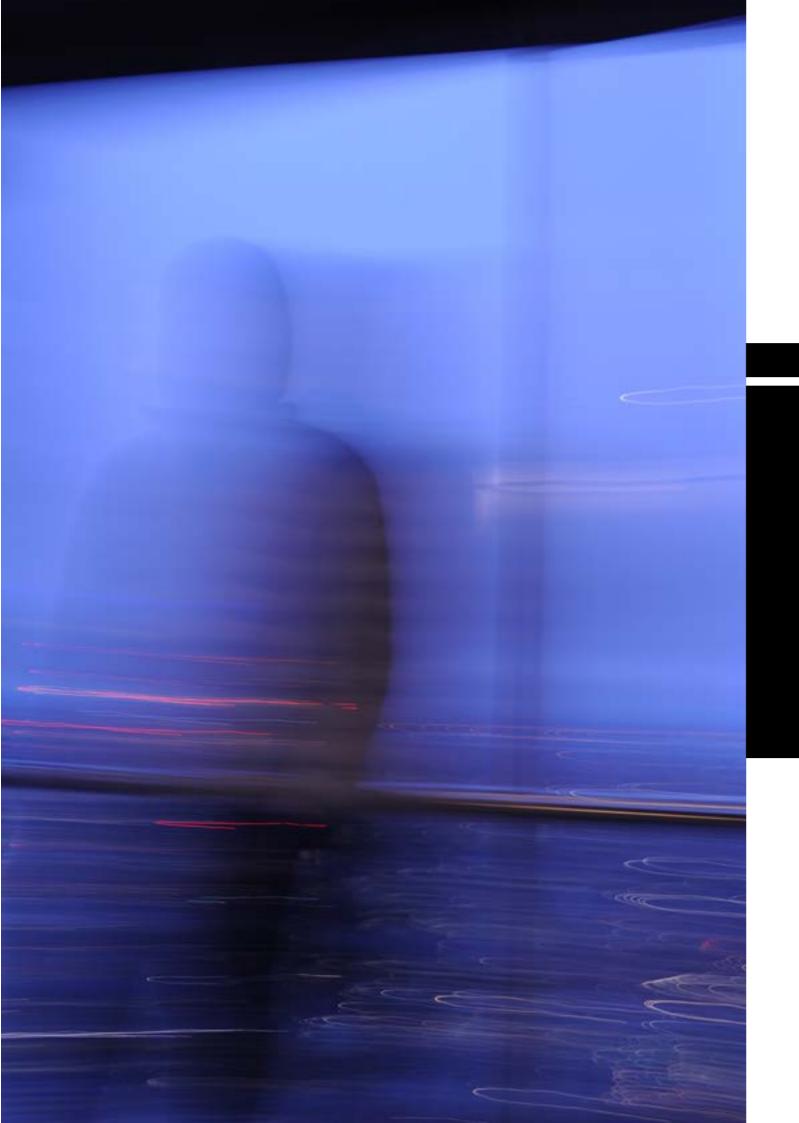


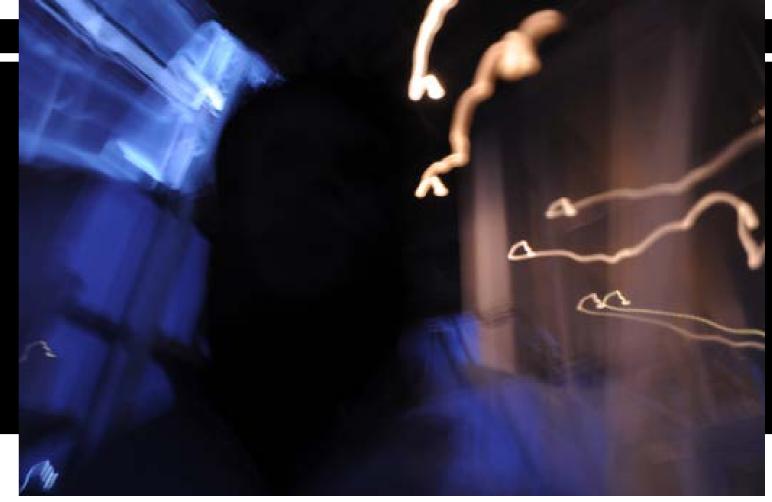












When depression hits

A collaboration with Lina Moundy-Holley

Photography by Regina Banuelos Modeling and styling by Lina Moundy-Holley







A collaboration with Lina Moundy-Holley

Photography by Regina Banuelos Modeling and styling by Lina Moundy-Holley Hair and make up by Ann

